

# Toddler Airplane Carry-On Survival Checklist

Structured, fail-proof packing list to manage toddler needs during air travel.



## FLIGHT INFORMATION

FLIGHT #

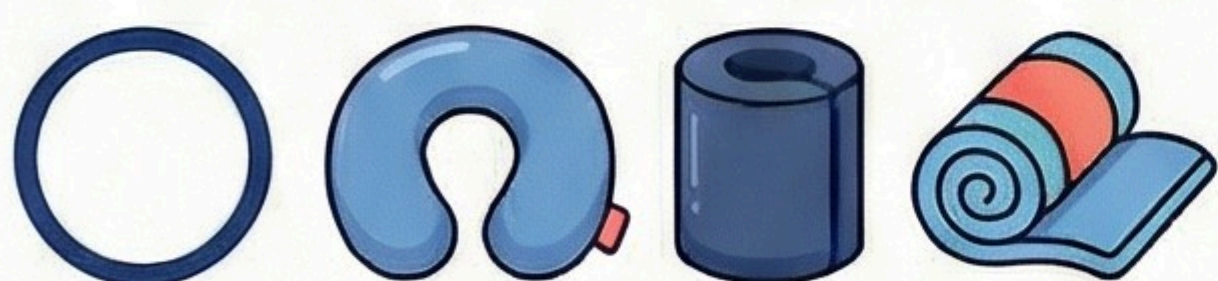
GATE

BOARDING TIME

SEAT NUMBER

## FLIGHT INFO & GEAR

### Comfort & Sleep Gear



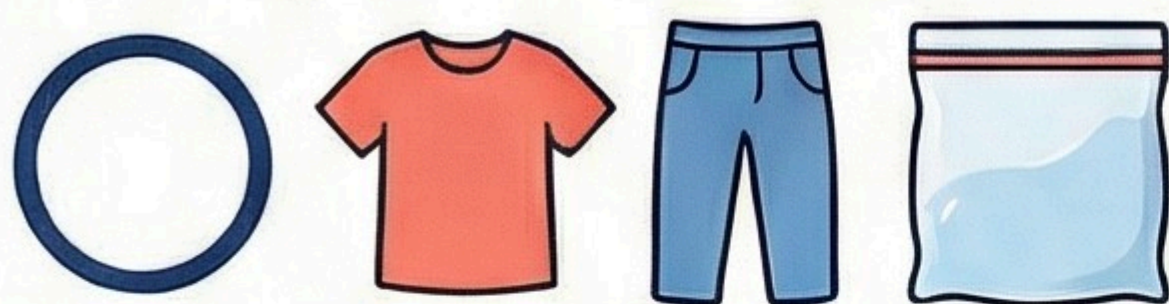
Inflatable footrest, toddler neck pillow, and a compact travel blanket.

### Volume-Limiting Headphones



Essential for protecting ears; must cap sound at 85 decibels.

### Change of Clothes



Full outfits for toddler and parent packed in gallon Ziploc bags.

## FOOD, FUN & HEALTH

### Mess-Free Snacks



Protein sticks, cheese, fruit pouches, and a "nuclear option" emergency treat.

### TSA-Exempt Liquids



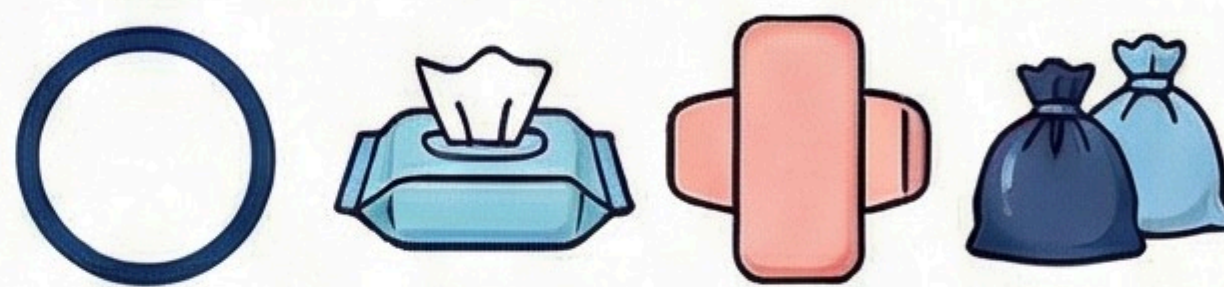
Milk and juice for toddlers are allowed in quantities exceeding 3.4 ounces.

### Novelty Entertainment



Wrapped dollar-store toys, sticker books, and pre-downloaded offline movies.

### Hygiene Essentials



Large pack of sanitizing wipes, portable changing pad, and trash bags.

## PRO-TIPS FOR SUCCESS

1

### The Three-Zone System

Organize bag by frequency: immediate access, regular use, and deep storage.



2

### Ear Pressure Relief

Offer a drink or lollipop 30 minutes before descent to help swallowing.

